



Providing 30 years of fun, friends and fitness to NY kids!

# 9 - 35 month old classes

WINTER/SPRING

Jan 23<sup>rd</sup> - June 2<sup>nd</sup>, 2012

9 - 14 months

### Teeny Tumblers

Day	Time	Age (months)	Floor
W	1:00-1:40	(9-14)	4

12 - 18 months

### Mighty Muscle Movers (Gym)

Day	Time	Age (months)	Floor
T	11:45-12:30	(12-18)	2
T	4:00-4:45	(15-24)	4
W	9:15-10:00	(12-18)	4
W	11:20-12:05	(12-24)	2
F	11:00-11:45	(12-24)	4

### Rockin' Rollers (Gym + Music)

Day	Time	Age (months)	Floor
TH	9:30-10:45	(12-18)	4
TH	11:00-12:15	(12-24)	4
F	9:20-10:35	(15-24)	2

18 - 24 months

### Mighty Muscle Movers (Gym)

Day	Time	Age (months)	Floor
T	10:30-11:15	(18-30)	2
T	4:00-4:45	(15-35)	4
W	9:25-10:10	(18-35)	2
W	10:20-11:05	(18-35)	2
W	11:20-12:05	(12-24)	2
F	11:00-11:45	(12-24)	4
SAT	9:20-10:05	(18-35)	2

### Rockin' Rollers (Gym + Music)

Day	Time	Age (months)	Floor
M	10:00-11:15	(18-30)	2
TH	11:00-12:15	(12-24)	4
F	9:20-10:35	(15-24)	2

24-30 months

### Mighty Muscle Movers (Gym)

Day	Time	Age (months)	Floor
T	10:30-11:15	(18-30)	2
T	4:00-4:45	(15-35)	4
W	9:25-10:10	(18-35)	2
W	10:20-11:05	(18-35)	2
TH	10:30-11:15	(24-35)	2
SAT	9:20-10:05	(18-35)	2

### Rockin' Rollers (Gym + Music)

Day	Time	Age (months)	Floor
M	9:45-11:00	(24-35)	4
M	10:00-11:15	(18-30)	2
F	9:30-10:45	(24-35)	4

### Jodi's Jumpstart! (Gym, Music + Art)

Day	Time	Age (months)	Floor
T	9:15-10:45	(24-35)	2
TH	9:15-10:45	(24-35)	2

30-35 months

### Mighty Muscle Movers (Gym)

Day	Time	Age (months)	Floor
T	4:00-4:45	(15-35)	4
W	9:25-10:10	(18-35)	2
W	10:20-11:05	(18-35)	2
TH	10:30-11:15	(24-35)	2
SAT	9:20-10:05	(18-35)	2

### Rockin' Rollers (Gym + Music)

Day	Time	Age (months)	Floor
M	9:45-11:00	(24-35)	4
F	9:30-10:45	(24-35)	4

### Jodi's Jumpstart! (Gym, Music + Art)

Day	Time	Age (months)	Floor
T	9:15-10:45	(24-35)	2
TH	9:15-10:45	(24-35)	2

## TUITION

	17 weeks
Teeny Tumblers	\$730
Mighty Muscle Movers	\$730
Rockin' Rollers	\$920
Jodi's Jumpstart	\$1,070 (1x per week) \$1,970 (2x per week)

5% discount for siblings or multiple classes!

**9 - 35 months**

**WINTER/SPRING**

**Jan 23<sup>rd</sup> - June 2<sup>nd</sup>, 2012**

**TEENY TUMBLERS (9 -14 months)**

It's time to wiggle and giggle!

A 45 minute class where you (or your caregiver) and your child will sing, clap, move, tumble & groove together with music and rhyme. A perfect introduction to our Jodi's Gym programs as your child begins to move and explore. *Adult Participation class.*

**MIGHTY MUSCLE MOVERS - GYM (12 -35 months)**

Come join us for 45 minutes of non-stop action. Our enthusiastic teachers will lead you (or a caregiver) and your child through an exciting class filled with running, jumping, tumbling, swinging and stretching. Our safe, colorful, clean, state-of-the-art facility will make every toddler want to jump for joy! Class time includes free play, circle time, bubble time, parachute play and supervised exploration in our fun and fantastic gym...just the right size for tiny tumblers! *Adult Participation class.*

**ROCKIN' ROLLERS - GYM + MUSIC (12 -35 months)**

A wildly popular and fun-filled class for the child who loves to both move, groove and munch! Our special 75 minute class combines all the fun of a 40 min. Mighty Muscle Movers Gym class (see previous outline) with an incredible 30 minute music class. One of our dynamic music teachers will lead you through a singing and dancing extravaganza, loaded with shakers, streamers and silly songs. A yummy snack and story top off the mix. *Adult Participation class.*

**NEW!**

**JODI'S JUMPSTART! (24 -35 months)**

Perfect for your active and creative 2 yr old,

Jodi's Jumpstart is a great preparation for or addition to preschool. Our caring, experienced, knowledgeable and enthusiastic teachers will guide your child through 90 minutes of Jodi's Gym education and fun. Jumpstart is a blend of our signature gymnastics program, story time, art, music and snack. Each class will focus on a new and exciting theme. Join us one or two times per week. *Adult participation is mandatory. Gentle separation will be an option as the semester progresses.*



**JODI'S GYM TO GO**

Jodi's Gym is now available on the go!  
Want to see Jodi's at your school or daycare?  
Call for more info.





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**3 - 5 years**

**WINTER/SPRING**

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**Tumbling Tots (3-4 yrs) (4-5 yrs)**

Day	Time	Floor
M	3:30-4:30 (3-4 yrs)	2
M	4:40-5:40	2
T	10:50-11:50	4
T	2:45-3:45	4
T	3:30-4:30 (4-5 yrs)	2
W	1:15-2:15	2
W	3:30-4:30	4
W	4:35-5:35	4
TH	2:35-3:35	2
TH	3:40-4:40	2
F	10:50-11:50	2
F	2:25-3:25	2
Sat	10:20-11:20	2



**TUITION**

**5% discount for siblings or multiple classes!**

Tumbling Tots

\$730 (17 weeks)

**3 - 5 years**

**WINTER/SPRING**

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**TUMBLING TOTS (3-4 yrs) (4-5 yrs)**

Do you have a preschooler who is always on the move? Our one hour Tumbling Tots program will keep them flippin' head over heels! The fundamentals for gymnastics (and all sports) are developed as children improve their skills on balance beams, bars, rings, tumbling, floor work, vault, tumbletrak, our space bouncer and so much more! In a class filled with giggles and laughter, your child will develop self confidence while experiencing the joys of gymnastics. You just won't find a more attentive and caring staff anywhere! Student/Teacher ratio is 6 to 1.

Children are grouped by age. *Separation class.*

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5 - 12 years

WINTER/SPRING

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**FUN-tastic Gymnastics (Girls)**

**5-6 yrs**

Day	Time	Floor
M	3:30-4:30	2 Coed
T	3:30-4:30	2
W	3:40-4:40	2 Coed
Th	3:45-4:45	2
Sat	11:30-12:30	2 Coed

**6-7 yrs**

Day	Time	Floor
M	3:30-4:30	2 Coed
M	4:40-5:40	2
T	4:40-5:40	2
W	3:40-4:40	2 Coed
W	4:45-5:45	2
Th	3:45-4:45	2
Sat	11:30-12:30	2 Coed

**7-8 yrs**

Day	Time	Floor
M	4:40-5:40	2
T	4:40-5:40	2
W	4:45-5:45	2

**FUN-tastic Gymnastics (Boys)**

**5-7 yrs**

Day	Time	Floor
M	3:30-4:30	2 Coed
W	3:40-4:40	2 Coed
SAT	11:30-12:30	2 Coed

**Accelerated Gymnastics: Level 1 & 2**

**Girls & Boys 6-9 yrs**

Day	Time	Floor
T	4:40-5:55	2
W	3:40-4:55	2

**Advanced Gymnastics: Level 1, 2 & 3**

**Girls 6-12 yrs**

Day	Time	Floor
T	4:40-6:10	2
W	4:45-6:15	2



**TUITION**

	17 weeks
FUN-tastic Gymnastics	\$730
Accelerated Gymnastics	\$835
Advanced Gymnastics	\$935

**5% discount for siblings or multiple classes!**

**5 - 12 years**

**WINTER/SPRING**

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**FUN-TASTIC GYMNASTICS (GIRLS 5-8 YRS, BOYS 5-7 YRS)**

There is no better place to learn gymnastics! Our extraordinary USA Gymnastics certified instructors use a safe and encouraging method in teaching gymnastics in the most positive, safe and fun environment you will find. Building self-confidence is most important while they continue to gain strength, flexibility, coordination and balance. Class progressions follow the guidelines set by USA Gymnastics. Classes include time for warm up, work on all of the gymnastics apparatus and conditioning; all of which help build a healthy body. Children are grouped by age and skill level. Student/Teacher ratio is 7 to 1. One hour.

**ACCELERATED GYMNASTICS: LEVEL 1 & 2 (Girls & Boys 6-9 yrs)**

For students who have mastered our FUN-tastic Gymnastics program and are ready to move on to new challenges. A certain level of expertise is required, and therefore is by teacher recommendation only. Student/Teacher ratio is 7 to 1. One hour fifteen minutes.

**GIRLS ADVANCED GYMNASTICS: LEVEL 1, 2 & 3 (Girls 6-12 yrs)**

For students who have completed the Accelerated Gymnastics program and are ready to move on to more difficult skills. Examples of skills student's will work on are back handsprings on floor, cartwheels on balance beam, back hip circles on bars, front handsprings on vault, and so much more! This class is by teacher recommendation. Student/Teacher ratio is 7 to 1. One hour thirty minutes.

**PRIVATE LESSONS**

We offer private lessons an semi-private lessons.  
Please call for more details.

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