



# Jodi's Gym To Go

Now Available AT



T H E  
G Y M



**Jodi's Gym** has been providing the highest level of fun and fitness to NY kids for 29 years. You won't find a more attentive, caring, knowledgeable, and enthusiastic staff anywhere. Each one of our staff is USA Gymnastics safety certified, and goes through an extensive training program. Learn more about us at [www.jodisgym.com](http://www.jodisgym.com)

Registering your child for **Jodi's Gym** classes at **THE GYM** is the perfect way for both you and your child to enjoy the benefits of exercise! Sign up for a **Jodi's Gym** class and you get one complementary workout each week during the Fall/Winter 2010 session at **THE GYM** too!

**FALL  
WINTER  
2010  
SESSION**

**Sept 27<sup>th</sup>  
2010  
to  
Jan 24<sup>th</sup>  
2011**

**SCHEDULE:**

<b>Monday</b>	
9:30-10:10	Mighty Muscle Movers-GYM (12-24 mos)
10:15-10:55	Mighty Muscle Movers-GYM (18-35 mos)
2:00-2:50	Tumbling Tots (3-5 yrs)

**TUITION:** (15 weeks)

Mighty Muscle Movers:	\$420
Tumbling Tots:	\$460

**Might Muscle Movers (12-35 mos)**

Come join us for 40 minutes of non-stop action. Our enthusiastic teachers will lead you (or a caregiver) and your child through an exciting class filled with running, jumping, swinging and stretching. Our Mommy & Me program will make every toddler want to jump for joy! Class time includes free play, circle time, bubble time, parachute play and supervised exploration in our fun and fantastic gym...just the right size for tiny tumblers!

**Tumbling Tots (3-5 years)**

Do you have a preschooler who is always on the move? Our 50 minute Tumbling Tots program will keep them flippin' head over heels! The fundamentals for gymnastics (and all sports) are developed as children improve their skills on balance beams, bars, tumbling, floor work, vault and so much more! In a class filled with giggles and laughter, your child will develop self confidence while experiencing the joys of gymnastics.

Register by calling **Jodi's Gym** at **914.244.8811**